

Workshop Outline: Heat Health Action Planning for Hong Kong.
The University of Hong Kong School of Public Health

Who-Hong Kong Based NGOs, Government Officials, and HKU Graduate Students
Where-HKU Medical Campus

When-Mondays Feb 10, Feb 24, March 10, March 17 at 7:30 pm to 9:20pm
(Optional sections March 31, April 7, April 14)

What-

- **Context:** Hong Kong's heat waves cause approximately 170 deaths annually, which are preventable through coordinated heat health action plans.

Local heat health action plans involve multiples sectors of government to create. A high level task must be convened to help people understand their risks and take measures to acquire means to stay cool and well hydrated in a heat wave. Medical providers play a role as do weather authorities, social agencies, housing agencies, environment, leisure, schools etc.

- **Key Objectives:** Empower communities, undertake multisectoral action, integrate primary medical care with essential public health functions to make Hong Kong's vulnerable more protected from health harms from heat waves.

Workshop Sessions

Session 1: Problem Consensus (Feb 10)

- **Objectives:**
 1. Understand the social epidemiology of excess heat wave deaths.
 2. Assess evidence on future trends in excess heat deaths in Hong Kong.
 3. Understand the role of heat health action plans (HHAPs) in Hong Kong.
- **Activities:**
 - Core reading about heat deaths in Hong Kong
 - Lecture on epidemiology of excess heat.
 - Group formation and vision sharing.
 - Group discussion on Hong Kong's current measures and housing conditions.

Session 2: Coming Together to Co-design Strategy (Feb 24)

- **Objectives:**
 1. Assess the policy landscape.
 2. Map stakeholders and prioritize them.
 3. Develop strategic engagement plans.
- **Activities:**
 - Homework on core reading (Brinkerhoff and Crosby).
 - Lecture on implementation science of policy changes.
 - Exercises on stakeholder mapping and creating a GANTT chart for engagement.

Session 3: Accountability (March 10)

- **Objectives:**
 1. Apply skills to policy strategies.
 2. Design accountability into policy strategy.
 3. Begin executing a policy advocacy strategy.
- **Activities:**
 - Core reading (Kania and Kramer).
 - Lecture on collective impact.
 - Exercises on looking inward, outward, and ahead.
 - Budget planning for backbone organization (Group)

Session 4: Convene High-Level Intersectoral Stakeholders (March 17)

- **Objectives:**
 1. Understand the purpose of convening stakeholders.
 2. Assess the best attendee list and event logistics.
 3. Design events to maximize commitment and follow-through.
- **Activities:**
 - Core reading about convening design. (Individual)
 - Lecture on convening strategies.
 - Design agendas for action (Group)

Final Project. (INDIVIDUAL)

- **Objective:** Apply the foundations of Community Primary Health Care to prepare Hong Kong for heat waves.
- **Components:**
 - Clinical Aspect (March 31)
Create content for primary care services to prepare patients for heat waves
 - Population Approach: (April 7)
Use a checklist to assess community heatwave risk.
 - Synthesis: (April 14).
Form a HK Heat Task Force and present a panel discussion.